

DRAFT
**PSDiver Recreational Scuba to PSD Bridge
Specialty (Part 1)**

TOP WATER MASTERY SKILLS
To be performed *continuously* until complete.

- _____ - 800 yard Mask, Fins and Snorkel swim.
Completed in under 17 minutes
- _____ - 300 yard inert Victim Tow (Life Jacket) using Mask, Fins and Snorkel. Victim should be face up and able to breath at all times. **Completed in under 12 minutes**
- _____ - 500 yard continuous forward stroke swim – no swim aids. **Completed in under 16 minutes**
- _____ - 45 minute survival tread. **Participant will maintain their head above water at all times.**
- _____ - On a single breath of air, in 8' – 15' of clear water using Mask, Fins, Snorkel and at least a 5 lb weight belt, the participant will tread water, release and hold the weight belt out to the side with arm extended. When participant is at roughly a 45 degree angle, they will drop their weight belt. The participant will free dive to the bottom, recover and don the weight belt, fully flood their mask, clear it (**twice is preferred**) and ascend and at the surface the participant will clear their snorkel without lifting their head out of the water.
- _____ - On a single breath of air, in 10' – 15' of clear water using Mask, Fins, Snorkel and at least a 5 lb weight belt, the participant will submerge at least 5' and clear a fully flooded mask no less than 4 times (5 is preferable) and ascend. At the surface the participant will clear their snorkel without lifting their head out of the water.

For now, none of the above is intended to be a pass / fail. It **is** intended to set a mark of achievement that can measure mastery of those particular skills. If the individual cannot, then the team will have to decide if that member is "response ready" for an operation. **Those individuals entering into PSDiving or maintaining skills should be able to demonstrate this minimal level of basic skills mastery as both an entry level and for annually evaluation.**

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